

# SMS Terms and Conditions

## Trusted Management Consulting

Last updated: March 25, 2026

### **SMS for Consent Communication**

The SMS data, phone numbers and information obtained as part of the SMS consent process will not be shared with third parties for marketing purposes.

### **Types of SMS Communications**

If you have consented to receive text messages from Trusted Management Consulting, you may receive text messages related to scheduling an appointment or general company updates.

### **Message Frequency**

Our SMS message frequency will be from 10-20 text messages daily across all users.

### **Potential Fees for SMS Messaging**

Your carrier may charge a fee for each message sent or received. This can vary depending on the carrier's pricing structure and whether the message is sent domestically or internationally. Any carrier may vary their fees for SMS messaging based on several factors such as, geographic location, and the type of SMS messaging being used.

### **Opt-In Method**

Customers will Opt-In for SMS messaging from Trusted Management Consulting through the contact form on [www.trustedmgmtconsulting.com](http://www.trustedmgmtconsulting.com), this agreement for SMS will not be shared with third parties for marketing purposes.

### **Opt-out Method**

Customers will be able to opt out of SMS messaging from Trusted Management Consulting by replying STOP at any time to any received SMS message, once opted-out they will receive no further SMS communication. They can Opt back In at any time by replying START.

### **Standard Messaging Disclosures**

- Message and data rates may apply.
- Message Frequency may vary.
- You can opt-out at any time by texting 'STOP'.
- For assistance, text 'HELP' or visit our website at [www.trustedmgmtconsulting.com](http://www.trustedmgmtconsulting.com) to submit a contact form.
- Visit <https://trustedmgmtconsulting.com/contact/> to download or Privacy Policy and SMS Terms and Conditions.